

The Newsletter of Healing Rooms England & Wales



# October 2023

"And without faith it is impossible to please God, because anyone who comes to Him must believe that He exists and that He rewards those who earnestly seek Him."

Hebrews 11:6 (NIV)

If you find this newsletter interesting, please pass it on to your friends who may have healing needs.

# Forgiving from the Heart

It is one thing to forgive from the head (or intellect) and another thing to forgive from the heart. Most people usually forgive from the head when they pray 'Lord, I forgive them' and this is the reason they still carry deep seated emotional pain in their hearts. Many may think they have already forgiven someone but still harbour anger, pain, hatred, rejection and resentment in their hearts. Jesus taught us to forgive others from the heart (Matthew 18:35).



People may say 'Why should I forgive when it was their fault?' The truth is forgiveness is a weapon that sets us free from the bondage. Unforgiveness releases anger, hatred, jealousy, resentment, bitterness, judgement and revenge and all these negative emotions put us in chains of bondage. Also, forgiveness is a Kingdom principle for if we forgive others then God will forgive us (Luke 6:37). Hence, Jesus taught us to pray 'Forgive us our sins as we forgive those who sin against us'. Forgiveness is a key to walking in freedom.

There was a Sudanese Pastor who lent some money to a 'friend' only to find his friend ran off with the money and was never to be found. The Pastor wanted revenge and his money back and had been carrying a heavy weight of oppression in his heart. When he decided to forgive his friend from the heart, he felt chains fall from his ankles and a lightness in his heart. He became aware of the bondage he had been living in.

### So how do we forgive from the heart?

We can always ask God for His grace to forgive, just like Jesus forgave us for our sins when He was suffering on the cross. Jesus prayed these amazing words, 'Father, forgive them, for they don't know what they are doing' (Luke 23:34). We too can pray these same words to those who have hurt us, for they don't know the extent of the pain we may feel as a result of what they have said or done.

We engage at heart level by imagining the person (doesn't matter if they are alive or dead) standing in front of us, and then say what we want to say to them, such as, 'I forgive you for when you said .....or did.....or didn't do.....' and choose to forgive for all the things (as they pop to mind) that caused hurt, anger and pain. We can ask the Holy Spirit to highlight anything else we may need to forgive someone for. If a person is struggling to forgive, it may be because they have made a vow to never forgive the person ('I will never forgive them'). If this is so, then the vow is to be broken first, so they can forgive.

Once there has been forgiveness, these words may follow:

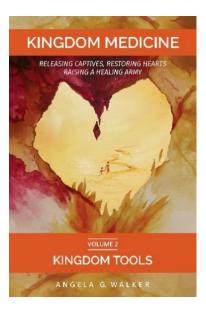
I choose to no longer hold any of this against you I let you off the hook, You owe me nothing I release you to Jesus

It is good to pray for our 'enemy' and release blessings instead of curses (see Matthew 5:44). For example, we can pray they may encounter the love of God and be healed and set free of their issues etc. This is a powerful prayer and releases further healing.

Once the person has forgiven from the heart, they will feel a peace within. Now we can hand any toxic emotions over to Jesus, as we let go of our anger, pain, bitterness, revenge etc to Him and leave it all at the cross. Finally, we can receive inner cleansing through the cleansing power of His blood as all negative emotions and pain are washed away and replaced with His peace and love.

A man had a chronic limp from a fractured hip after a drunk driver had knocked him over many years ago. He came to see me for his pain. I asked if he was willing to forgive the drunk driver. His initial response was 'Why should I? It was his fault!' However, God's grace was present and with a big sigh he chose to forgive the man and then let go of his anger, resentment, bitterness and hatred to Jesus. Then I took the man's hand and said 'Get up and walk, in the name of Jesus!' The man wobbled as he took his initial steps but then walked with ease as full healing came on him. There is healing power and inner freedom when we choose to forgive from the heart.

For more information on tools for healing and the Power of Forgiveness you may read Dr Angela Walker's book 'Kingdom Tools' available on **Amazon** and **www.theoministries.com** 



Dr. Angela Walker trained as a Paediatrician (Child Heath & Development) before God called her to the mission field with Iris Global in Mozambique & South Sudan, where she encountered the healing power of God at work. Since her return to England, she has been involved in the healing ministry, has written several books, leads healing retreats, and is the Founder and Director of THEO Ministries (for more information visit <a href="https://www.theoministries.com">www.theoministries.com</a>) (Ctrl and click).

# **News from around the Regions**

# **Tamworth Healing Rooms**

A new Healing Rooms is being planned for Tamworth in Staffordshire. The training for this group will take place over two Saturdays as follows -

Saturday 14th October 9.30am to 4.30pm Main Training with Standard Healing Room Model.

Saturday 21st October 1.00pm to 4.30pm Training for Market-Place Model.

These Training sessions are open to anyone with an interest in the ministry of Healing Rooms. Anyone wanting to join the sessions, please contact Karen Pratt with any further questions at <a href="mailto:karenpratt62@gmail.com">karenpratt62@gmail.com</a> (Ctrl and click).

Both training sessions will be held at St Editha's Church, St Editha's Close, Tamworth B79 7DA. Please bring a packed lunch for the full day training. Tea and coffee will be provided.

Note of interest - St Editha's is the largest church in Staffordshire. It has both a traditional setting with pews, as well as an updated renovated building with internal glass walls plus cafe! And a crypt!!!

## **Testimony**

For a long, long time now I've suffered really badly with osteoarthritis and osteoporosis and in spite of having numerous replacement operations the pain in my legs has been horrendous to the point where sometimes I can't get about and can't walk.

A few months ago Healing Rooms came to our Fellowship to give a talk and during the service the Healing Rooms leader said that if anybody feels they would like to have a blessing or prayers, come to see us at the back of the church. I had that feeling I should go, which I did. Two lovely HR ladies spoke to me and I told them what my problem was. They laid their hands upon me and prayed with me. The pain went out of my legs. I could feel the Holy Spirit going through my body like a warm, warm shock and from that day onward, praise the Lord, I've not suffered AT ALL with that pain in my legs nor have I fallen down! So, hallelujah, praise the Lord! And thank you Healing Rooms. God bless.

#### NATIONAL PRAYER LINE (HRNPL) PRESENTATION ZOOM MEETING

We have been serving the UK with the HRNPL since the Pandemic. We are open from Monday to Saturday from 10.30am to 12.30pm. We are looking for new PL prayer ministers.

We have arranged a meeting for you to come along and get a feel for what this ministry is and how we minister on it. It is different, exciting and very rewarding.

We are looking to expand the team and would be asking for people to come on either weekly or monthly or to serve on the reserve and occasional helping out team. Working in the week? No problem we serve on Saturdays.

We will offer full training and provide our comprehensive PL handbook which covers all needs.

Please join us on Zoom on Monday 9th October at 7.30pm with John and Sarah Lander. Please email Sarah on <a href="mailto:sarah.lander@healingrooms.org.uk">sarah.lander@healingrooms.org.uk</a> for the Zoom codes for the meeting.

Interested but can't make the meeting? Please email Sarah and she is happy to talk with you.

This is a growing ministry within the HREW and we want to be able to meet every call and request for prayer.

Thank you, John and Sarah Lander

## **Testimony**

A couple of months ago a man phoned the National Prayer Line. His wife was out of work due to being treated badly within her previous job, so he asked for prayer that she would get a decent job. He phoned the Prayer Line again and gave thanks that his wife is now in a new job, which she loves, with a very supportive line manager. Glory to God.

# A Note to all Regions

If you have items that you think may be of interest for the monthly Encounter newsletter please forward these to Carole at HREW headquarters carole.potter@healingrooms.org.uk Items of interest can be about your activities, testimonies, personnel, in fact anything that can be shared with the HREW family.

# **God is Moving!**

# **IAHM Miracles & Healings Nights**

Following the success of the series of Miracles & Healings Nights that started in September 2020 HREW are pleased that we have engaged in a fourth year-long Healing School for International Association of Healing Ministries (IAHM) where we are providing monthly online ministry under their umbrella.

2023	<b>2024</b>
11 October	17 January
o8 November	14 February
o6 December	13 March
	17 April
	oı May
	12 June

Remember, your prayers are important. Please note the new season of Miracles & Healings Nights, ask for God's sovereignty on the events, that there would be increased numbers of guests and that much blessing would flow.

In September HREW had 9 Prayer Ministers, 18 guests were admitted. The evening was very "full on" with guests in the waiting room throughout the session. The Prayer Ministers were kept busy the whole time with virtually no breaks at all.

They were very blessed times with some real encounters that brought healing to many. The guests came from South Africa, USA, Canada, Germany Austria, India and the UK.

#### **Testimonies**

• We prayed for a lady from the USA who uses two canes and a walker because of a problem with her spine. Released scripture and pictures and she said she felt a little better. She felt God's fire on her.

- We ministered to a lady from Germany who had chronic fatigue and lost her job because of it. And the Enemy was trying to not let her speak, sing, prophesy etc so we rebuked that and all three of us ended up laughing for 5 minutes. I always say there is healing in laughter!
- We prayed for a lady from Florida who had a herniated disc, inner emotional healing, issues with eyes, overweight and acid reflux. We ministered divine healing and she felt God's power in her room.

If you were not able to see the latest or previous Miracles & Healings Nights the evenings can still be viewed on YouTube. The link to access this is on the IAHM website under the heading **Miracles & Healings Nights**, **select by date**.

<u>Miracles & Healings Night in English</u> (*Ctrl and click*).

## **HREW Website**

If you have items of interest or photographs that you would like on your profile page please contact Derek Balsdon: <a href="derek.balsdon@healingrooms.org.uk">derek.balsdon@healingrooms.org.uk</a> (Ctrl and click).

As you know each Healing Rooms location has its own profile pages attached to the main HREW website and these are there to hold key details of the location address, opening times and contact telephone numbers etc. plus any other information, latest news etc. that you want the public to know about you.

# **Eternal Wall of Answered Prayer (EWoAP)**



# **Eternal Wall Testimony of the Month**

"The consultant... shook his hand and said 'you are a miracle.' "

6<sup>th</sup> September 2023

My Dad was age 78 when diagnosed with a tumour in his bile duct, it was inoperable due to his age. The consultant gave him a maxim 2 years to live. I posted a prayer on a prayer wall & after a year the tumour had gone. The consultant when the results came in stood up shook his hand and said "You are a miracle" He lived 'til 94. He was healed by the blood of Jesus who died for us all. Praise the Lord.

For more information about the Eternal Wall of Answered Prayer see the website: www.eternalwall.org.uk

### An article from Mike Robinson

#### HOW A LOSER BECAME A WINNER!

David\* was a Zambian school boy aged 10 at a boarding school in the middle of the bush. My wife Beverley and I were missionaries in Zambia at the time. David loved running as most African boys do, but David became a failure on the school running track and didn't love running anymore! He kept coming last and so he started to live a life of failure.

On a big piece of paper I wrote these words: "I AM A WINNER." I asked David to put it up on the wall at the foot end of his dorm bed and say out loud, every morning, when he woke up, "I AM A WINNER." He did most mornings! David began to 'see that he is a winner' and 'believe that he is a winner' and 'behave like a winner'!

Very gradually David started to move up through the field from being last; step by step, until he was in time, crossing the finishing line first! David learned that he was a champion, even when he was failing, because the mark of a champion is one that may fail but never gives up! His faith in God's Word grew and grew. He knew and saw how powerful God's Word really is. 1 Corinthians 15v57. But thanks be to God who gives us the victory through our Lord Jesus Christ.

Jesus 'gave' that 10 year old African boy the victory! David 's victory on the running track enabled David to walk, then run alongside Heaven's champion. He kept "I AM A WINNER" in front of his eyes, until it found 'living room' in his heart. Proverbs 4v20-22. Of course when David was saying "I AM" he was declaring God's name!

What a champion!

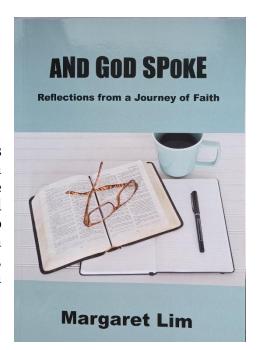
Mike Robinson

\*Name changed to maintain anonymity.

#### **Book Review for the month**

How does God speak and can we hear His voice?

"And God Spoke" is a series of short reflections derived from spending time with God through prayer, bible reading and also through what He communicates in everyday experiences and events. With examples ranging from insights into Jesus' Parables to how God speaks through common tasks such as weeding the garden, Margaret shares thoughts and revelations from her times spent with God.





Born from a deep desire to share the wonderful message of God's love, it is hoped that these simple reflections will whet the appetite of readers to be expectant to hear God speak, both in the quiet and amidst the normal routines of life.

The book is not yet on sale to the public but if anyone would like to order a copy Margaret Lim can be contacted at <a href="margie@gmail.com">lim.f.margie@gmail.com</a>

The cost is £6.99 plus postage and packing.

#### **About the Author**

I have known Margaret Lim for many years and for the last 12 to 15 years specifically as a member of the congregation at St Mary Magdalene Church, Westoning, where I was the vicar. Margaret is what I would term 'an authentic Christian', honest and true, faithful and quietly fervent, dependable and original, thoughtful, dutiful and loving. Quite special. Her faith is real and her desire to share her faith has gradually grown in recent years. Increasingly her God given insights are plain to see.

Initially I was pleased to encourage Margaret with her gifts of composition and performance. She has sung her original Christian songs in services and they have been a blessing to the Church. Our worship has been enhanced by her contributions. More recently Margaret has begun discerning God's promptings in scripture and then she has created blogs and reflections to encourage people to faith and in developing their faith. These reflections are really good. Spurred on by the touch of His Spirit Margaret unfurls the importance of centuries old scripture for today's world and God truly does speak through her words.

Do not miss out. Find a quiet corner and savour this book. Come into His presence and be prepared to be blessed.

Revd Canon Nigel Washington September 2022

## On a different note:

I need an anagram for 'Nuclear' but the answer's unclear.

# The National Prayer Line

HREW are continuing to offer prayer at various locations and at present our dedicated teams will pray for you either online or over the phone. Some of our Healing Rooms that temporarily closed to comply with and support the Government guidance and legislation have now re-opened. Check 'Healing Rooms Near You' on the website <a href="www.healingrooms.org.uk">www.healingrooms.org.uk</a> to find the ones that have re-opened and for more information and contact details. We have now resumed sending out prayer cloths on request via the website. We are a Christian charity and our members are trained and experienced prayer ministers from a wide range of mainstream Christian churches. It is our desire that all people find healing and wholeness. We aim to help those struggling with life's challenges be they physical, emotional, spiritual or relational. Calls are managed confidentially and are free (except your own call charge).

Prayer requests can be sent by e-mail to: contact@healingrooms.org.uk

To see testimonies of what God is doing nationally and receive the latest news about what is happening, follow us on Facebook and Instagram:

www.facebook.com/HealingRoomsEnglandandWales www.instagram.com/healingroomsenglandandwales

If you have a healing need or have a desire to join in this ministry, please make contact either via the website or as shown below:-

HR England and Wales:	The National Prayer Line Days/Times
Please contact us by email:	
contact@healingrooms.org.uk	Monday-Saturday 10:30am-12:30pm (excluding Bank Holidays)
Danesford Community	
Centre	The number to call is:
West Road	
Congleton	03300 889 336
Cheshire	
CW12 4EY	

www.healingrooms.org.uk

If you find this newsletter interesting, please pass it on to your friends who may have healing needs.